# Northwest Region Uniteen Summer Camp Journey Ritual: The One

## **Created by Mark Stanton Welch**

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### TRAVELER RESOURCE PAGE

**Transition Statement for all** (spoken by all as your family moves to the next sacred spot)

"All Kingdoms united on Earth's unique plane
Serving the Source in our own perfect way
Together we flow in a River of Light
Supporting each other to stay so aligned
That each is their power express their great Truth
A sweet dance of Oneness each moment renewed

In the One thus I AM In the One I Am Me In the One all together As Pure Energy"

#### Song: The One

There is The One It is Everything Here in The One All Life flows And in The One I find the Me I Am For in The One I Am Whole I Am Whole

One One One One One everything is One (2x)

**Gift One: The Earth** (to be completed in Mt. St Helens Room)

Response (spoken together by all in unison)

"To the Earth I give
From the Earth I receive
This Love and Support I accept and feed
One of six gifts straight from the Source
To guide me serve me on my course
The Earth and I are One, The Earth and I are One
And so it is! Huzzah! Huzzah! Huzzah!"

**Gift Two: The Plants** (to be completed in the Forestry Class Room)

Response (spoken together by all in unison)

"To the Plants I give
From the Plants I receive
This Love and Support I accept and feed
One of six gifts straight from the Source
To guide me serve me on my course
The Plants and I are One, The Plants and I are One
And so it is! Huzzah! Huzzah!

#### **Gift Three: The Animals** (to be completed in the Mammal Room)

Response (spoken together by all in unison)

"To the Animals I give
From the Animals I receive
This Love and Support I accept and feed
One of six gifts straight from the Source
To guide me serve me on my course
The Animals and I are One, The Animals and I are One
And so it is! Huzzah! Huzzah!

#### **Gift Four: The Etherics** (to be completed in the Wildlife Room)

Response (spoken together by all in unison)

"To the Etherics I give
From the Etherics I receive
This Love and Support I accept and feed
One of six gifts straight from the Source
To guide me serve me on my course
The Etherics and I are One, The Etherics and I are One
And so it is! Huzzah! Huzzah!

#### **Gift Five: The Humans** (to be completed in the outside circle of trees behind the classrooms)

Response (spoken together by all in unison)

"To the Humans I give
From the Humans I receive
This Love and Support I accept and feed
One of six gifts straight from the Source
To guide me serve me on my course
The Humans and I are One, The Humans and I are One
And so it is! Huzzah! Huzzah!

(All walk to the blue room singing the theme song started under the trees. Stay with your family and refrain from entering the blue room. Keep singing the song until further instructions at the door)

#### Song: The One

There is The One It is Everything
Here in The One All Life flows
And in The One I find the Me I Am
For in The One I Am Whole I Am Whole

One One One One One everything is One (2x)

**Gift Six: The SELF** (to be completed in the Blue Room)

Response (spoken together by all in unison)

"To the SELF I give
From the SELF I receive
This Love and Support I accept and feed
One of six gifts straight from the Source
To guide me serve me on my course
The SELF and I are One, The SELF and I are One
And so it is! Huzzah! Huzzah!

(All families join the greater family circle of all)

## Song: I Can't Stop Singing

Everything living in this Multiverse
Is from the One It's just the way it works
The Kingdoms of the Earth and the animals
Unite with humans, plants, and ethereals
We all move together in a Cosmic Dance
We got Choice, Free Will, and Endless Chance
To get back home to the Who We Are
With Love we'll find it in our Heart

One One One One we are One One we all are One One One One We're One in Love and I can't stop singing 'bout

## Song: I Live in the Oneness

There's something about this feeling of Oneness No matter what happens I'm never alone It gives me the courage to stand in the moment For in this connection I'm always at home Just knowing that everything lives in the Oneness Invites me to step out it calls me to go It's all an adventure I reach out and take it I live in The Oneness wherever I go

We're all in The One and The One is in all It's a unification it's Heavenly Law Yes, we're all in The One and The One is in all So, take it, believe it, never let go of it Claim it, breathe it, live in the flow of it Embrace it, be it, dwell in the soul of The One

#### **Additional Songs**

#### **Everywhere I Go**

I look around and I see me
Everywhere I go there I Am
It seems like Life is living me
Every Golden Moment Is there to keep me flowing
A gift to push me open
To see myself, to free myself, to be myself I AM I Am

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#### Let's Dance

This all may sound funny It may be confusing
But we live as separate and we live as One
As unique expressions of Infinite Presence In separate Oneness we form the I AM

So, let's dance in our beauty and make our own music And blend it together harmoniously On separate journeys let's meet in the moment And create in Oneness our Great Symphony c. June 26, 2013. Mark Stanton Welch. All Rights Reserved.

#### That Light Is Love

There's not one thing in this Universe That's not in the Oneness hear my words
Everything woven in the web of life Tied to the Source fed by the Light
From the rocks to the water to the leaves on trees To the sun and the stars that shine
To the humans, plants, and the animals Everything aligns
Tied to the Light Living in the Light And the Light that Light is Love
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