

Northwest Region Uniteen Summer Camp

Journey Ritual: The One

Created by Mark Stanton Welch

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CAMP DIRECTOR RESOURCE PAGE

For Counselors:

Essentially, you will go to five stations here at the classrooms and then together we shall move to the Blue Room for the final gift. As a family you will speak the Transition Statement for all enroute from the circle of trees starting point. In the classroom, based on the sequence below, simply choose the number of the gift that corresponds with the room you are in. Speak aloud your part as counselors (guides) and then speak with the travelers (family members) the incantation to "seal the deal". Encourage cooperation and focus however you see fit. Return to the Transition Statement and speak it together as you all return to the Circle of Trees to start the next round. Upon completion of the five we shall leave from the circle of trees for the Blue Room, singing the song: The One, as a camp unit the whole way there.

SEQUENCE OF GIFTS

1. ST HELEN'S CLASSROOM (SPONTANEITY) USE outside entrance
2. FORESTRY CLASSROOM (HONOR) USE outside entrance
3. MAMMAL CLASSROOM (ENTHUSIASM) go around front and use inside entrance
4. WILDLIFE CLASSROOM (BRAVERY) go around front and use inside entrance
5. OUTSIDE TREE CIRCLE (CELEBRATE/FLOW)
6. BLUE ROOM (ALL TOGETHER) (TRUST)

RED 1, 2, 3, 4, 5

GREEN 2, 3, 4, 5, 1

YELLOW 3, 4, 5, 1, 2

BLUE 4, 5, 1, 2, 3

PURPLE 5, 1, 2, 3, 4

CAMP DIRECTOR:

"ONENESS...It's just the way it is. The cosmos is designed with integrity, everything in harmonious vibration, working together in a vital and flowing dance to create the infinite variations of the Now. And, each of us, is a unique expression of the Oneness, an essential color in the magnificent collage of life, a perfect note in the eternal symphony of the I AM song, the spice that elevates the flavoring of this breath, a touch of the tenderness of Love in blossom, a fragrant aroma of the Divine upon the gentle winds of Yes.

In the Eternal flow we arrive knowing the Truth of Our Being as it has journeyed the Grand Adventure through incarnation after incarnation. Yet, the Earthly plane, by design, washes us clean of the full memory of our Being and we embark on an epic sojourn to reclaim the I Am Expressing As Me. The Oneness reveals itself in moments lived, breaths taken, experiences had, choices made...slowly we remember...But that is the old way, the sequential Piscean Way.

In these new times, in the rising of the Aquarian vibration, we are given the resources and the support to take action in the Now to become consciously what we always have been...to remember and reclaim. And thus it is, that we have celebrated the Oneness this week, to reawaken the cellular memory of the I Am Word within you. In this reawakening you have been reminded of the Gifts given by a Multiverse that Loves you without question, the Six Gifts of Support that, when embraced and utilized, make easy and clear the path to the Knowing.

And now, because each of you has stepped forth to be present this week, affirming your full commitment to Living Your Design, you stand at the threshold of accepting the bequeathment you deserve. Make ready your willingness to receive. Know that already within the very cells of your energetic bodies, the receptivity has become activated. The keys are ready to unlock the doors of your knowing. How long you have traveled to stand in this moment...how many trials and choices have been undertaken to stir you to surrender your old beliefs, thoughts, and patterns...how ready you are to take off the cloak of ignorance...to be the Light You Are.

All that remains is for you to cross the six thresholds, hear the secret words spoken, and affirm your commitment...and then dance in the collective celebration of the Re-Birth of the Oneness. If you are ready, then place your left hand on your heart...breathe...and speak together the long secret incantation of power and presence...

All Speak Transition Statement...just below

Travelers...please remember...you get what you give. It is absolute Universal Law. The more attention, devotion, spirit, and focus you give to each of the six experiences, the more you will receive, in ways you simply cannot yet imagine. Awareness will come, skills will be launched, information will become available, and any hesitation will be neutralized. Be present, believe in the power of the chosen action you are taking here...Now take the first step and activate the support that is yours. Onward!

Transition Statement for all (*spoken by all as your family moves to the next sacred spot*)

*"All Kingdoms united on Earth's unique plane
Serving the Source in our own perfect way
Together we flow in a River of Light
Supporting each other to stay so aligned
That each in their power express their great Truth
A sweet dance of Oneness each moment renewed*

*In the One thus I AM
In the One I Am Me
In the One all together
As Pure Energy"*

Gift One: The Earth (to be completed in Mt. St Helens Room)

*"As solid foundation the rocks and the Earth
A wellspring of Power bequeathed upon birth
To know our connection and use it with ease
Will feed us and ground us to Source energy
So, call upon minerals, rocks, and the land
For support, for balance in all life's demands
And, lest you forget, in The One we all live
Your Love and your Gratitude to Earth you must give"*

Response (*spoken together by all in unison*)

*"To the Earth I give
From the Earth I receive
This Love and Support I accept and feed
One of six gifts straight from the Source
To guide me serve me on my course
The Earth and I are One, The Earth and I are One
And so it is! Huzzah! Huzzah! Huzzah!*

Transition Statement for all (*spoken by all as your family moves back to the sacred circle of trees*)

*"All Kingdoms united on Earth's unique plane
Serving the Source in our own perfect way
Together we flow in a River of Light
Supporting each other to stay so aligned
That each in their power express their great Truth
A sweet dance of Oneness each moment renewed*

*In the One thus I AM
In the One I Am Me
In the One all together
As Pure Energy”*

Camp Director:

And thus is activated the first gift. May it serve you without question through all of your moments and forms of living. Do remember to call...for it will not be there without your voiced request. Go forth now to receive the Second Gift. Speak together the sacred words as you travel...

Gift Two: The Plants *(to be completed in the Forest Room)*
(Spoken by counselors)

*“In endless expression the Kingdom of Plants
In color and beauty they sway and they dance
They feed us and heal us within and without
They nourish our Spirits and call from the Now
So, reach to the leaves and the root and the stem
And thank them for service again and again
Use them, reseed them, make sure they get sun
Talk to them, sing to them, affirm We Are One”*

Response *(spoken together by all in unison)*

*“To the Plants I give
From the Plants I receive
This Love and Support I accept and feed
One of six gifts straight from the Source
To guide me serve me on my course
The Plants and I are One, The Plants and I are One
And so it is! Huzzah! Huzzah! Huzzah!*

Transition Statement for all *(spoken by all as your family moves back to the sacred circle of trees)*

*“All Kingdoms united on Earth’s unique plane
Serving the Source in our own perfect way
Together we flow in a River of Light
Supporting each other to stay so aligned*

*That each is their power express their great Truth
A sweet dance of Oneness each moment renewed*

*In the One thus I AM
In the One I Am Me
In the One all together
As Pure Energy”*

Camp Director:

And thus is activated the second gift. May it serve you without question through all of your moments and forms of living. Do remember to call...for it will not be there without your voiced request. Go forth now to receive the Third Gift. Speak together the sacred words as you travel...

Gift Three: The Animals *(to be completed in the Mammal Room)*

(Spoken by counselors)

*“On Earth and in water and air they do thrive
The Animal Kingdom they closely align
To humans as nourishment, companion. And friend
They teach us, remind us, it’s Love we must tend
They bring us the message of Spiritual Realms
They open our hearts and they help us get well
Be grateful, do tell them, remind of The One
Do serve one another in play and in fun”*

Response *(spoken together by all in unison)*

*“To the Animals I give
From the Animals I receive
This Love and Support I accept and feed
One of six gifts straight from the Source
To guide me serve me on my course
The Animals and I are One, The Animals and I are One
And so it is! Huzzah! Huzzah! Huzzah!*

Transition Statement for all *(spoken by all as your family moves back to the sacred circle of trees)*

*“All Kingdoms united on Earth’s unique plane
Serving the Source in our own perfect way*

*Together we flow in a River of Light
Supporting each other to stay so aligned
That each is their power express their great Truth
A sweet dance of Oneness each moment renewed*

*In the One thus I AM
In the One I Am Me
In the One all together
As Pure Energy”*

Camp Director:

And thus is activated the third gift. May it serve you without question through all of your moments and forms of living. Do remember to call...for it will not be there without your voiced request. Go forth now to receive the Fourth Gift. Speak together the sacred words as you travel...

Gift Four: The Etherics *(to be completed in the Wildlife Room)*

(Spoken by counselors)

*“From realms Universal from places unseen
Come guides and the teachers, the Etheric Beings
They help us get clear through the wisdom of Light
Support us, protect us, through day and through night
So, call to them, speak to them, listen as well
Interact freely and do what they tell
With Gratitude always, to The One, do affirm
Celebrate angels, they carry The Word””*

Response *(spoken together by all in unison)*

*“To the Etherics I give
From the Etherics I receive
This Love and Support I accept and feed
One of six gifts straight from the Source
To guide me serve me on my course
The Etherics and I are One, The Etherics and I are One
And so it is! Huzzah! Huzzah! Huzzah!*

Transition Statement for all *(spoken by all as your family moves back to the sacred circle of trees)*

*“All Kingdoms united on Earth’s unique plane
Serving the Source in our own perfect way
Together we flow in a River of Light*

*Supporting each other to stay so aligned
That each is their power express their great Truth
A sweet dance of Oneness each moment renewed*

*In the One thus I AM
In the One I Am Me
In the One all together
As Pure Energy”*

Camp Director:

And thus is activated the fourth gift. May it serve you without question through all of your moments and forms of living. Do remember to call...for it will not be there without your voiced request. Go forth now to receive the Fifth Gift. Speak together the sacred words as you travel...

Gift Five: The Humans *(to be completed in the outside circle of trees behind the classrooms)*
(Spoken by counselors)

*“As friend, and as partner, as family, too
The humans they weave in, reflecting our Truth
For relationship tells us the health there inside
That manifests clearly in the forms of our life
So, treasure the mirror that each one provides
And show up for all that you find at your side
Let Love be the salve that heals and delights
And, dance in the One as you serve each Pure Light”*

Response *(spoken together by all in unison)*

*“To the Humans I give
From the Humans I receive
This Love and Support I accept and feed
One of six gifts straight from the Source
To guide me serve me on my course
The Humans and I are One, The Humans and I are One
And so it is! Huzzah! Huzzah! Huzzah!*

Transition Statement for all *(spoken by all as your family moves back to the sacred circle of trees)*

*“All Kingdoms united on Earth’s unique plane
Serving the Source in our own perfect way*

*Together we flow in a River of Light
Supporting each other to stay so aligned
That each is their power express their great Truth
A sweet dance of Oneness each moment renewed*

*In the One thus I AM
In the One I Am Me
In the One all together
As Pure Energy”*

Camp Director:

And thus is activated the fifth gift. May it serve you without question through all of your moments and forms of living. Do remember to call...for it will not be there without your voiced request. Go forth now to receive the most powerful gift of all, the Sixth Gift. Together let us sing the song that affirms the nature of all and readies us for the final opening...

(All walk to the blue room singing the theme song started under the trees. Stay with your family and refrain from entering the blue room. Keep singing the song until further instructions at the door)

Song: The One

There is The One It is Everything
Here in The One All Life flows
And in The One I find the Me I Am
For in The One I Am Whole I Am Whole

One One One One One One everything is One (2x)

(Counselors: At the Blue Room you shall wait with your family outside the door to be let in. Let the continued repetition of the song be the vehicle of focus. All families and voices will be singing. Each group will be brought in in single file. They will walk the path lit by the candles to the carpeted area where there is a mystery bundle with your family name to designate where you stop to create a small family circle, holding hands in the silence. Await all families arrival, still in the silence. When all are there, the final ritual will begin. Make sure your resource page is accessible. At the signal, all separate hands and stand in their own frequency)

Camp Director:

Thus, you have received the Five Gifts of Support: the Earth Kingdom, the Plant Kingdom, The Animal Kingdom, The Etheric Kingdom, and the Human Kingdom. Each is ready to serve you. However, they must work in alignment with the Oneness. And thus, until you willingly cross this threshold and walk the sacred path of silent inner reflection to prepare your being for the final key that activates each as the great collective...all is for naught. Breathe now and prepare to cross. As a family, each traveler shall speak your full name as you step over the threshold. Follow the path in silence to your sacred location and make a circle holding the hands of your family unit. Then wait in quiet contemplation for the next step...go forth. Red family...yellow family...green family...purple family...blue family...

Gift Six: The SELF (to be completed in the Blue Room)

(Spoken by counselors)

*“Now here in this moment you stand with your SELF
Reach out with your hand and with heart, yes, as well
Now witness the Child that will always be you
And love him, support her, in word and deed, too
And listen for Guidance from the SELF most high
And know that this resource, it never will die
For SELF is the Highest and purest of guides
There just for you, to those Words do align
Be grateful and Loving to I AM THAT I AM
Aligned to Your Source this life shall be Grand”*

Response (spoken together by all in unison)

*“To the SELF I give
From the SELF I receive
This Love and Support I accept and feed
One of six gifts straight from the Source
To guide me serve me on my course
The SELF and I are One, The SELF and I are One
And so it is! Huzzah! Huzzah! Huzzah!”*

Camp Director:

And thus is activated the sixth and final gift. May it serve you without question through all of your moments and forms of living. Do remember to call...for it will not be there without your voiced request.

Prepare ye now to receive the talisman that is the energetic memory for the activation process. It is a touchstone. At any moment when you forget who you are, or are overwhelmed by the forms of your moments, pick up this stone and breathe in the reactivation of the gifts. They will rise as one to serve you in inspiration, protection, courage, risk-taking, moving forward, celebrating...on and on.

As the reading of the incantation is spoken aloud by the guide, each shall reach under the cloth to select, claim, and activate the talisman. Begin...

Ritual of the Rock

(counselors, speak these words as each reaches under the cloth to secure the talisman stone)

*"On this precious rock there each you shall find
A reminder of all that is there for your life*

*Straight from the Source each resource to call
When your journey is troubled, when you're just feeling small
Choose one and breathe in and speak it right out
To you shall come answers, do not ever doubt
Let this rock affirm just how much you are loved
By this infinite Cosmos which you are part of"*

Camp Director:

All guides together let us speak these words to our travelers

Conclusion (All counselors speak in unison)

*"It's time to reclaim, remember the You
That goes on forever, unwavering Truth
Surrender to Life and ride The Great Flow
And know you are nurtured where e'er you go
The One watches over, around, and all through
Our Unity woven each moment is new
Accept from The Source, the Six for support
And take the first step in your new life
Go Forth!*

(All families join the greater family circle of all)

Song: I Can't Stop Singing

*Everything living in this Multiverse
Is from the One It's just the way it works
The Kingdoms of the Earth and the animals
Unite with humans, plants, and ethereals
We all move together in a Cosmic Dance
We got Choice, Free Will, and Endless Chance
To get back home to the Who We Are
With Love we'll find it in our Heart*

*One One One One we are One One we all are One
One One One One
We're One in Love and I can't stop singing 'bout*

Song: I Live in the Oneness

*There's something about this feeling of Oneness
No matter what happens I'm never alone
It gives me the courage to stand in the moment
For in this connection I'm always at home*

*Just knowing that everything lives in the Oneness
Invites me to step out it calls me to go
It's all an adventure I reach out and take it
I live in The Oneness wherever I go*

*We're all in The One and The One is in all
It's a unification it's Heavenly Law
Yes, we're all in The One and The One is in all
So, take it, believe it, never let go of it
Claim it, breathe it, live in the flow of it
Embrace it, be it, dwell in the soul of The One*

Camp Director:

And so it is...all gifts have been activated. Your capacity to move forward with the unlimited resources of the cosmos is now in place. All that remains is for you to make the call when you choose to. I encourage you to do so. The more you call upon the resources the more they are present to serve. Extended use opens up dimensional doorways to expand your multisensory experience of life.

In endless gratitude, we thank the Multiverse for the design. We claim it as ours, and move forth in the knowing and in the action. The ritual is complete. And so it is. And so it is. And so it is.

(Dismiss families one by one to their next activity.)

Additional Songs

Everywhere I Go

*I look around and I see me
Everywhere I go there I Am
It seems like Life is living me
Every Golden Moment Is there to keep me flowing
A gift to push me open
To see myself, to free myself, to be myself I AM I Am*

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Let's Dance

*This all may sound funny
It may be confusing
But we live as separate and we live as One
As unique expressions of Infinite Presence
In separate Oneness we form the I AM*

*So, let's dance in our beauty and make our own music
And blend it together harmoniously
On separate journeys let's meet in the moment
And create in Oneness our Great Symphony*

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That Light Is Love

There's not one thing in this Universe
That's not in the Oneness hear my words
Everything woven it's the web of life
Tied to the Source fed by the Light
From the rocks to the water to the leaves on trees
To the sun and the stars that shine
To the humans, plants, and the animals
Everything aligns
Tied to the Light Living in the Light
And the Light that Light is Love

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Ritual of the Ring

(counselors, speak these words as you give to each a ring necklace)

*The ring as the circle, no beginning nor end
Returns to itself again and again
All that you now, or ever will need
Is planted within you the most potent of seeds
Let this ring remind you to nourish and feed
The Truth of your Being in thought word and deed*